

**MetLife** SOLUTIONS SUPPORT ABOUT US LOGIN

To read CEO Michel Khalaf's letter to employees on the Future of Work at MetLife, [click here](#)

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### How can we help you?

- Find a Dentist
- Find a Vision Provider
- Open Enrollment
- Customers
- Legislative Updates
- Register for MyBenefits

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### Choose your network.

- PDP
- PDP Plus
- Dental HMO/Managed Care
- Federal Dental (FEDVIP)
- MetLife EPO Network

Don't know your network

Register online today to access and Register for MyBenefits

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Choose Your Network

- Davis Vision by MetLife
- Superior Vision by MetLife
- MetLife Vision PPO
- VisionAccess

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